

Wellbeing Walks

Our Wellbeing Walks are a great way to get out and get active while connecting with others. This is not a therapy session, but an opportunity to make social connections with like-minded people.

For casual wanderers and seasoned ramblers alike, everyone is welcome.

Please check the weather forecast and dress appropriately.

Our socials are open to anyone aged 16+. No booking necessary, just turn up!

- **Dereham – Tue 2nd Nov, 10:30**
Meeting at Bishop Bonner's Cottage, Dereham NR19 1ED
- **Norwich History Walk – Thu 4th Nov, 10:30**
Meeting At The Guildhall, Guildhall Hill, Norwich NR2 1J
- **Great Yarmouth – Wed 10th Nov, 12:30**
Meeting in front of Great Yarmouth Library, NR30 2SH
- **Cromer – Fri 12th Nov, 10:30**
Meeting in front of Cromer pier, promenade NR27 9HE
- **Sandringham – Fri 12th Nov, 12:30**
Meeting in front of the Visitors' Centre, Sandringham, PE35 6AB
- **Lowestoft – Wed 17th Nov, 13:30**
Meeting at the South Pier fountains
- **Wymondham – Fri 19th Nov, 10:30**
Meeting at Tiffey/Becketswell Car Park, NR18 9PH
- **Carlton marshes – Mon 22nd, 13:30**
Meeting at Burnt Hill Lane, Carlton Colville, NR33 8HU
- **Norwich Eaton Park – Wed 24th 13:30**
Meeting at Eaton Park Bandstand. Norwich NR4 7AU
- **King's Lynn Riverside – Fri 26th, 11:00**
Meeting outside The Customs House, King's Lynn PE30 1ET

